

# SEPTEMBER 2019 - Menus



| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
| <h2>Grades 6-8 Breakfast</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>              |   |   |  |   |
| 9-2<br><b>LABOR DAY HOLIDAY</b>  | 9-3<br>Crunchy Cereal - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk                | 9-4<br>Mini French Toast Bites - <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk  | 9-5<br>Cinnamon Pancakes - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk  | 9-6<br>Breakfast Sausage Square<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk       |
| 9-9<br>Café LA Coffee Cake - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk  | 9-10<br>Fiesta Bean & Cheese Burrito - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 9-11<br>Chicken Pancake Sandwich<br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk           | 9-12<br>French Toast Trio - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 9-13<br>Chocolate Crescent - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk |
| 9-16<br>Crunchy Cereal <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk        | 9-17<br>Morning Beef Sausage Sandwich<br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk          | 9-18<br>Mini French Toast Bites - <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk | 9-19<br>Manager's Choice<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk             | 9-20<br>Breakfast Sausage Square<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk      |
| 9-23<br>Café LA Coffee Cake - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 9-24<br>Fiesta Bean & Cheese Burrito - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 9-25<br>Chicken Pancake Sandwich<br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk           | 9-26<br>French Toast Trio - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 9-27<br>Pan Dulce - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk          |
| 9-30<br>Crunchy Cereal <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk        |   |   |  |   |

**All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

Posted 08/20/19